

NOTICE OF EXEMPTIONS FROM MASK AND FACE COVERINGS

In accordance with Ontario Regulation 263/20 – Stage 2 Closures s.4(2) of the provincial Emergency Management and Civil Protection Act, instructions posted by the local Public Health Unit and the Ontario Ministry of Health's guidelines the bearer of this notice is claiming a human rights exemption from wearing masks or face coverings for physical health, mental health and religious-ethical reasons as outlined below...

PHYSICAL HEALTH EXEMPTIONS:

- The long-term safety or effectiveness of mask wearing has never been scientifically evaluated. *The New England Journal* admits that masks “offers little, if any, protection from infection.” Ontario Public Health also only claims that masks "may" help limit the spread of disease.
- Wearing a mask may weaken the immune system of the wearer. Masks limit one's exposure to beneficial flora, natural plant-derived chemicals and general immune-boosting microbes in the environment.
- Masks limit and slow the spread of viruses in the environment, thereby delaying herd immunity and potentially putting the sick and elderly at risk for an *extended* period of time.
- Many masks and face coverings are made with toxic chemicals that will outgas and be inhaled by the wearer.

MENTAL HEALTH EXEMPTIONS:

- Wearing of masks, without any scientific proof of their effectiveness in preventing death, may weaken one's cognitive function.
- Face coverings propagate a sense of fear in the wearer (and those around them) of a common cold coronavirus which studies show has only killed 1 out of every 500 people infected (which is comparable with influenza which kills an average of 650,000 people a year).
- Masks dehumanize the wearer by hiding their unique identity.
- Masks support the mental disease of germaphobia.
- Face coverings hide facial cues (such as smiles) and body pheromones, two important factors in normal, healthy social interactions.
- Mask wearing encourages anti-social behaviour which leads to depression and suicide.

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- Wearing masks without justification and out of blind obedience to authority may produce a docile mental state that is detrimental to a democratic and free society.

RELIGIOUS EXEMPTIONS:

At the heart of most religious traditions is the concept of following one's conscience or an ethical or morale code. Mask wearing becomes unconscionable and immoral as it supports unwarranted measures which have resulted in the following human rights violations:

- Millions of able and hard-working citizens have been forced into unemployment which will result in increased deaths due to suicides, malnourishment and starvation.
- Limited access to the court systems.
- Tens of thousands of small and medium sized businesses have been destroyed (with masks only discouraging further patronage).
- Closure of the schools, public playgrounds and recreational centres.
- Millions of sick have been denied needed medical services.
- Unfathomable amounts of hard-earned taxpayers' dollars have been diverted to COVID-19 propaganda, unemployment compensation and pharmaceutical companies.
- Millions of law-abiding citizens have been put on house arrest for *possibly* having a common cold virus.
- Citizens have been threatened with fines or jail time if they attend religious services and family gatherings.

Considering that "probable" and "presumed" cases are included in COVID-19 totals and deaths are counted "whether or not COVID-19 was determined to be a contributing or underlying cause of death" the bearer of this notice hereby states that they are exempt from wearing a mask so that they do not contribute to the over-hyped COVID-19 pandemic narrative; thereby creating unnecessary panic to justify the systemic violation of the rights and freedoms that form the basis of our society. Such aberrant measures are profoundly destructive to our physical, emotional, psychological, social and economic well-being; and are unsustainable, unwarranted, extreme and unconstitutional.

for *uncensored* information about COVID-19 please visit:

MuchAdoAboutCorona.ca

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